

Tantra

FESTIVE MENU

CRISPBOARDS £5

Assorted selection of India Crisps served with progressive regional dips.

ARTISAN CRISPBOARD £5

Ideal for 1 or sharing upto 2 persons.

SHARING CRISPBOARD £9

Perfect Sharing platter for upto 4 persons.

NIBBLES**MASALA PEANUTS VE** £3.50

Peanuts deep fried in spiced gram flour batter.

TRIO OF SOUTHERN VE SNACKS £4

Banana chips | Desi mix 🌶️ | Jackfruit chips

SMALL PLATES**BHELPURI VE** £7.50

Desi veggie burger! Spiced potato dumpling in a home made soft roll.

PAAV BHAAJI VEO £7.95

Mumbai's ultimate street food! Desi veg curry served with tw home made soft rolls.

ASPARAGUS VE £7.95

BROCOLLI SUNDAL CUPS
Chickpeas, asparagus & broccoli tossed tempered with mustard, spices & coconut.

TIBETIAN MOGS £9.50

Steamed chicken dumplings, mog chutney.

COCOS CHICKEN £9.50

Crispy coconut crusted chicken, sweet chilli sauce..

CHILLI CHICKEN £9.50

Our Indo-Chines delicacy. A sweet, spicy & lightly sour crispy appetizer with boneless chicken, peppers & spring onion

VEG PEEL PAKORA VE £7.95

Our moreish crisp vegetable fritters made from veg peels, onions & gramflour, served with imli dip. This dish is part of Tantra's waste to zero initiative.

CALAMARI CRUNCH £9.50

Crispy fried squid rings, seasoned with salt & pepper; garlic-chilly mayo.

MAIN COMBOS**DESI BUTTER CHICKEN** £14.95

K Gujral style Makhani. A flavour rich chicken dish made with plum tomatoes, onions & aromatic spices.

CHICKEN SERRANO 🌶️ £14.95

Boneless chicken curry spiked with serrano chillies, slow cooked to perfection.

LAMB KORMA £15.95

Lamb braised in mild and creamy cashew-coconut sauce.

DESI LAMB CURRY 🌶️ £15.95

Succulent pieces of boneless lamb cooked in desi style, hot and delicious.

KADAI PANEER V £14.95**PANEER MAKHNI V** £14.95

A popular Punjabi mild dish made with paneer (cottage cheese), tomatoes, cashewnuts & special spice blend.

TADKA DAAL VEO £12.50**CHANA MASALA VEO** 🌶️ £12.50**PRAWN MAPPAS** £16.95

Hand dived freshwater prawns cooked in a rich and creamy Kerala style coconut milk based curry

BIRIYANI**DUM HYDERABADI CHICKEN** 🌶️ £18.50

Layered Dumpukht style Hyderabad chicken biryani. Served with onion cucumber tomato raita & mixed veg

DUM HYDERABADI LAMB 🌶️ £19.50

Layered Dumpukht style Hyderabad lamb biryani. Served with onion cucumber tomato raita & mixed veg pickle.

ZAFRANI KATHAL VE BIRIYANI £16.50

Mixed vegetable & baby jackfruit biriyani cooked in Dumpukht style; served with sallas & mixed veg pickle.

SPECIALITIES**POUSSO E TANTRA** £19.95

Roasted chicken supreme on a bed of asparagus tips, seasonal veggies and a rich creamy cashewnut based signature sauce.

NAWABI NALLI GOSHT 🌶️ £24.95

Our signature lamb shank dish slow cooked in spiced yoghurt based sauce. inspired from Mughal royal kitchen.

BEST QUALITY INGREDIENTS AND PRICE



GRILL

MIXED GRILL [FORTWO] £26
(CHICKEN TIKKA, VENISON SEEKH,
JUMBO PRAWNS)

GRILLED JUMBO PRAWNS £19.50

Grilled jumbo king prawns marinated in tantric house spices, carrot-truffle glaze.

LAMB CHOPS 🌶️ £16.95

Two juicy lamb chops in special Tantric spice mix, beetroot glaze, creme pudina.

BREADS, RICE AND SIDES

PLAIN NAAN £5.00

GARLIC NAAN £5.50

PESHWARI NAAN £6.50

TANDOORI ROTI VE £5.00

STEAMED RICE VE £5.00

SHAHI PULAO VE £5.50

DESI SALAD VE 🌶️ £3.50

KIDS MENU

CHICKEN NUGGETS & CHIPS £6.50

6 crispy and succulent pieces of chicken nuggets, served with skinny fries & ketchup

FISH FINGERS & CHIPS £6.50

Freshly fried fish fingers served with skinny fries, peas & mayonnaise.

BASKET OF FRIES VE £4.50

CURRY COMBO £8.50
[KIDS MINI SIZE]

DESSERTS

KULFI STICK V £7.50

Mango, malai or pistachio : Choose your favourite! Topped with rose syrup, nuts & crused rose petals ; served in a street style glass tumbler

BROWNIES WITH VANILLA ICECREAM £8.50

SEASONAL VEO ICECREAMS/SORBETS [2 SCOOPS] £6.50

2 scoops of your favourite icecream or sorbet.

- 🌶️ - Mildly Spicy
🌶️🌶️ - Spicy
🌶️🌶️🌶️ - Very Spicy

- V - Vegetarian
VE - Vegan
VEO - Vegetarian Option Available

All our food is prepared in a kitchen where nuts, gluten and other allergens are present and our menu descriptions do not include all ingredients; If you have a food allergy, please let us know before ordering.

Full allergen information is available, please ask a team member for details.

* A discretionary service charge of 10% will be added to your bill to reward good service and it goes completely to the staff.